# Gluten - Friendly Menu

Although we take care against cross-contamination, we cannot guarantee a non-gluten item will not come into contact with a item containing gluten during normal handling procedures.

## Salads

### **Dinners**

Extra Fajita Chicken 3.50
Extra Ingredients .75
Extra Egg 1.45
Bacon (3 slices) 2.75

Spinach \$10.25

Fresh baby spinach layered with diced tomatoes, croutons, boiled egg, feta cheese, mandarin oranges and topped with crispy bacon.

Served with our homemade hot bacon dressing.

This is a customer favorite!

Served with GF bread.

**Super** \$9.25

Crispy bacon, cheddar cheese, boiled egg, diced tomatoes, sliced cucumber and green pepper on a bed of crisp fresh lettuce.

Served with GF bread.

Cobb \$10.25

We start with crisp fresh lettuce, diced tomatoes, sliced cucumber and boiled egg. Covered with mozzarella cheese and grilled fajita chicken Served with GF Bread

Duo \$8.95

We make our own creamy tuna salad, scoop it on to a bed of crisp fresh lettuce with a scoop of cottage cheese. Then decorate it with sliced tomatoes, cucumbers and green pepper.

Julienne \$4.95

Long time favorite. Your choice of ham or turkey on top of crisp lettuce, diced tomatoes and covered with mozzarella cheese.

Tossed \$3.25

Crisp lettuce, diced tomatoes, sliced cucumbers.

Dressings

Try our very own
"Momma Lamm's" Poppy Seed Dressing
Or Sugar Free Poppy Seed Dressing
We also offer:

Ranch, Light Italian, 1000 Island, Bleu Cheese, Creamy Italian Creamy Parmesan Peppercorn, Fat-Free Raspberry Vinaigrette, Hot Bacon or Honey Mustard

### **Stuffed Idaho Potato**

Stuffed with cheddar cheese, crumbled bacon and topped with chives.

\$4.25

Chili Stuffed Potato with cheddar cheese

\$4.45

### **Beef Hot Shot**

Slow cooked tender shredded beef on Gluten-free White or Whole grain bread.
Served with a heap of mashed potatoes and smothered in Gluten-free beef gravy.
Choice of one side.

\$10.25

#### **Chicken Hot Shot**

Slow cooked tender shredded chicken on Gluten-free White or Whole grain bread.

Served with a heap of mashed potatoes and smothered in Gluten-free chicken gravy.

Choice of one side.

\$10.25

### Soup Beans and Corn Bread

Hot and homemade Great Northern soup beans.

Served with our homemade Gluten Free Corn Bread

Served with a choice of one side.

\$9.15

### **Honey Cured Ham Steak**

Our thick cut honey cured grilled ham steak.
Served with a choice of two sides and
A slice of GF bread
\$8.95

### **Grilled Chicken Breast**

A lightly marinated natural 6oz chicken breast Served with a choice of two sides and a slice of GF bread.

\$9.85

Add mozzarella cheese & sautéed mushrooms for 1.80
Additional chicken breast, add 3.25

## Soups

Polish Cabbage Chicken Vegetable Down Home Chili Lamm's Stew

Great Northern Soup beans

Cup \$3.25 Bowl \$4.25

Lg. Bowl \$4.75

Add cheese or sour cream .75

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## Sandwiches

Pizza

All Sandwiches served on Gluten Free bread with potato chips or your choice of: Cole Slaw, Applesauce, Baked Potato, Tossed Salad, Fruit Cup or a cup of soup

### **Garden Sandwich**

Made with 1000 Island dressing, lots of cucumbers, green peppers, tomatoes, lettuce, onions and cheddar cheese.

\$8.25

#### **BLT**

Crisp bacon with lettuce, sliced tomatoes and mayonnaise. \$8.95

### **Grilled Chicken Breast**

A lightly marinated natural chicken breast.

Served with honey mustard,

crisp lettuce and sliced tomato.

\$9.50



### **Tuna on Toast**

Creamy homemade tuna salad. Served with our special sauce, crisp lettuce and diced onions.

\$8.35

### **Grilled Cheese**

Everyone loves a grilled cheese.
It's oven toasted and cheesy.
\$5.95

Add ham or bacon

### **Turkey Bacon Club**

Sliced turkey breast, crisp bacon, our special sauce, crisp lettuce, sliced tomato, American Cheese, diced onions and pickles.

\$9.25



Made on a Gluten-free Cauliflower pizza crust!
Crispy with an uncompromised taste.
Baked on a Lava Stone. It's cheesy and delicious.

| 10" Cheese    | 8.00  |
|---------------|-------|
| 1 Topping     | 8.90  |
| 2 Topping     | 9.80  |
| 4 Topping     | 11.60 |
| Extra Topping | 1.25  |

Toppings: Pepperoni - Sausage - Onions - Green Peppers
-Black Olives - Mushrooms - Banana PeppersJalapenos - Green Olives - Ham - Extra Cheese
Deluxe includes the first seven toppings



## Veggie Pie

Made with a Gluten Free Cauliflower Crust

We cover our pizza crust with our rich cream cheese sauce. We then add black olives, green peppers, onions, tomatoes and cover it with Mozzarella cheese.

A veggie lovers delight!

10" Gluten-free Vegetarian Pie 10.95
Add Spinach or Mushrooms 1.20 each



## **Treats**

Gluten - Free Yellow Cornbread \$3.15 Gluten - Free Brownies \$4.00 Gluten - Free Muffins \$3.25

